

## 2011-2012 FLU & PNEUMOCOCCAL VACCINE COVERAGE

Members may get a **free** flu shot and/or pneumococcal vaccine via either:

1. their pharmacy benefit (by presenting their Caremark card at a participating network pharmacy) **or**
2. by presenting their health insurance card (BCBS or Cigna) at their in-network doctor's office.

The following vaccinations are free to members of the ParTNers for Health group insurance plan:

- Injectable Seasonal Influenza Vaccine (H1N1 strain is incorporated)
- Intranasal Seasonal Influenza Vaccine (FluMist®) & Intradermal flu vaccine (Fluzone® Intradermal, NEW)
- Injectable Seasonal Influenza High Dose (Fluzone® High Dose) Vaccine
- Adult Pneumococcal Vaccine
- Pediatric (13-Valent) Pneumococcal Vaccine

### **IF YOU CHOOSE TO USE YOUR PHARMACY CARD-**

To get the vaccines above for free, members must use a participating retail pharmacy. The current list of participating retail pharmacies is on the State of Tennessee Caremark.com website (you must register and log in) or at the following link:

**[http://www.pharmacyshots.com/vaccine\\_network\\_01.pdf](http://www.pharmacyshots.com/vaccine_network_01.pdf)**

These pharmacies will offer influenza vaccines from September 1, 2011 through April 30, 2012 and pneumococcal vaccines from September 1, 2011 through July 31, 2012.

### **IF YOU CHOOSE TO USE YOUR MEDICAL CARD-**

Simply contact your in-network doctor's office and ask about the availability of either vaccine. When it is available, you may get the vaccination from your doctor's office without a co-pay. (Note: if you present for other illness or reason at the same visit the doctor may charge an office visit co-pay.)

If you are a BCBS member, you may also search for an Immunizing Pharmacist by going to:  
<http://www.bcbst.com/FindADoctor/Directory.aspx#> >enter your zip code and mileage > Network S > Pharmacy > Immunizing Pharmacist. Visit your chosen pharmacist and present your BCBS card.

If you are a Cigna member, you can also inquire of your local pharmacy whether they will bill Cigna on the medical side if you present them with your Cigna ID card. If so, simply present your Cigna card.